



Frank Julian

The Rev. Frank Julian has visited Africa and provided AIDS patients with medical care.

Allen Park pastor's book touts spiritual healing

■ The 12 chapters focus on how following the Ten Commandments can lead to happiness.

BY IVEORY PERKINS
The Detroit News

ALLEN PARK — The Rev. Frank Julian is used to helping people through his skills as a nurse and spiritual teachings as a pastor, but now he is using a new method — a new book he wrote titled, "God's Top Ten List: Taking a Deeper Look at the Spirit of the Ten Commandments."

Julian, of Allen Park, recently finished writing the book on the Ten Commandments as a way to help people learn about spiritual healing. The 12 chapters in the book don't focus on the underlying rules of the commandments, but on how they can lead to healing and happiness.

"Our whole society really is based on the Ten Commandments, so the book takes another look at them," said Julian, associate pastor of Faith Christian Assembly in Melvindale. "People don't want others pointing their fingers at them, but this is about inner healing. I have broken some of those commandments, and I have been forgiven."

"My book is so general; it is for Catholics, Protestants and even Jews to read it even though it comes from a Christian perspective."

The book takes a modern approach to the Ten Commandments.

'God's Top 10 List'

Who: The Rev. Frank Julian

What: Author of "God's Top Ten List: Taking a Deeper Look at the Spirit of the Ten Commandments."

Where: Book can be purchased online at www.buybooksontheweb.com, or by writing to FAWN, P.O. Box 394, Allen Park, MI 48101.

Cost: \$10.95

For information: Call (313) 590-2043 or (877) 289-2665

Each chapter follows the order of the commandments in the Bible. The first chapter, which covers the commandment, "Thou shalt have no other Gods before me," is titled in the book, "Is there another God in Your Life." The eighth commandment, "Thou shall not steal," is the eighth chapter in the book titled, "Be a Giver and not a Taker."

"It is really about healing, and taking a look at the spirit of the Ten Commandments," Julian said. "We have broken them all, but through God's healing we can start to deal with things, instead of letting them build up."

Julian got the idea to write the book after proofreading a manuscript written by one of his former parishioners, Tiger Whitehead. After reading it, Julian said he decided to write his book to reintroduce the Ten Commandments to the public.

To pay back the favor, Whitehead helped transcribe and edit Julian's

book. The Redford Township resident said he was excited to help Julian with his project.

"He really helped me first, and that spurred me on," said Whitehead, who recently published a book of his own titled, "The Spirit of the Tithe."

"This gave me the opportunity to give back to him and help him achieve the same goals."

Julian's book is being published by Infinity Publishing. It can be purchased online at www.buybooksontheweb.com, and will soon be available through Amazon.com, Julian said.

Julian said half of the proceeds from the sale of the book will go toward his nonprofit organization, Fighting AIDS with Nutrition.

The other half will be used to pay for taxes on the proceeds and cover the cost of another book he is writing about the nonprofit group.

Julian, who received a bachelor's of science degree in nursing from Grand Valley State University in 1977, regularly visits Africa to provide medical treatment to AIDS patients and to hand out free ENSURE liquid nutritional drinks donated by Americans.

He has also done missionary work with the poor in Honduras, Argentina, Bulgaria and Australia.

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